

## Oasis of Tools and Resources

An oasis is a place that provides refuge, relief, and pleasant contrast (Merriam-Webster's Dictionary, 2018). The Pathways to Population Health Oasis is a place to find a curated set of tools and resources to accelerate your improvement journey. It is also where you can find refuge and relief along your journey to population health.

This resource list will be updated periodically as Pathways to Population Health identifies helpful tools and resources. Email us at [P2PH@ihi.org](mailto:P2PH@ihi.org) to nominate a resource that is helping you make progress.

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### Stewardship

1. [Stewarding Regional Health Transformation: A Guide for Changemakers](#)  
*A guide to help individual leaders and multisector collaborations create and sustain successful stewardship structures to lead regional transformation. Created by ReThink Health. (Portfolios 3 and 4).*
2. [Alignment of Governance and Leadership in Healthcare Program Logic Model](#)  
*A tool that outlines strategies, actions, and short- and long-term metrics for the alignment of governance within health care organizations. Produced by Kevin Barnett at the Public Health Institute. (Portfolios 1 through 4).*

## Equity

- [3. Achieving Health Equity: A Guide for Health Care Organizations](#)  
*This white paper provides guidance on how to reduce health disparities. It includes a framework, guidance for measuring health equity, a case study, and self-assessment tool. Created by the Institute for Healthcare Improvement (IHI). (Portfolios 1 through 3)*
- [4. Equity of Care: A Toolkit for Eliminating Health Care Disparities](#)  
*A how-to guide to help accelerate the elimination of health care disparities and ensure leadership teams and board members reflect the community served. Equity of Care is a national collaborative effort of the American Hospital Association, American College of Healthcare Executives, America's Essential Hospitals, Association of American Medical Colleges and Catholic Health Association of the United States. (Portfolios 1 through 4)*

## Payment

- [5. A Typology of Potential Financing Structures for Population Health](#)  
*This table describes potential financial structures including what it takes to access these structures and when to use them. Produced by Rethink Health. (Portfolios 3 and 4)*
- [6. Financing Regional Health Transformation: A Primer for Changemakers](#)  
*A primer to help regional leaders think through key questions around the investment and financing of long-term, health reform ventures. Produced by Rethink Health. (Portfolios 3 and 4)*
- [7. Healthcare Affordability: Untangling Cost Drivers](#)  
*This website features a report that provides a multi-region analysis of total cost of care and its drivers. The site also provides resources to help stakeholders (e.g., providers, policy makers, employers, and health plans) take action. Produced by the Network for Regional Health Improvement. (Portfolios 1 through 4)*

## Data

- [8. Community Health Needs Assessment Data Tool](#)  
*A web-based platform to help health care organizations understand the needs and assets of their communities by identifying the most vulnerable populations. Use it to run indicator reports on health and quality of life at the local and regional level. Administered by Community Commons. (Portfolios 3 and 4)*
- [9. 100 Million Healthier Lives Measurement Resources](#)  
*A free web-based platform to measure your impact on homelessness, food security, etc., and overall health, well-being, equity, and sustainability. Includes a well-being assessment tool for tracking community outcomes, a measurement framework for health and well-being, and access to additional curated measurement resources. Created by 100 Million Healthier Lives. (Portfolios 1 through 4)*

**10. [Vital Signs – Core Metrics for Health and Health Care Progress](#)**

*A report that proposes a streamlined set of 15 measures, with recommendations for their standardization and application at every level: national, state, local, and institutional. Produced by the National Academy of Medicine. (Portfolios 1 through 4)*

## Partnerships with People with Lived Experience

**11. [Better Together – Partnering with Families](#)**

*A toolkit to give hospital leaders the rationale, tools, and support needed to change visiting policies and improve family participation. Provided by the Institute for Patient- and Family-Centered Care. (Portfolios 1 and 2)*

**12. [Practice Improvement Team Toolkit](#)**

*A toolkit for engaging patients and health care team members in redesigning primary care to work better for patients. Produced by the Cambridge Health Alliance based on their Patient-Centered Medical Home Transformation Journey. (Portfolios 1 and 2)*

**13. [Engaging Community Residents with Lived Experience](#)**

*A report with best practices and recommendations for engaging individuals with lived experience in their own communities, based on lessons learned from the Spreading Community Accelerators through Learning and Evaluation (SCALE) project. (Portfolios 3 and 4)*

## Portfolio 1: Physical and/or Mental Health

**14. [Steps Forward: Implementing Team-Based Care](#)**

*A step-by-step implementation guide for a Team-Based Care model, including an online module, downloadable tools, and case examples. Provided by the American Medical Association.*

**15. [Models for Integrating Behavioral Health into Primary Care](#)**

*A curated list of best practices and models for integrating behavioral health into primary care. Created by SAMHSA-HRSA Center for Integrated Health Solutions.*

**16. [Primary Care Team Guide: Behavioral Health Integration](#)**

*A guide that describes steps for integrating behavioral health into primary care. Created by the Primary Care Team-LEAP Program.*

## Portfolio 2: Social and/or Spiritual Well-Being

**17. [Social Needs Screening Toolkit](#)**

*Based on the latest research on screening patients for social determinants, this toolkit includes best practices, a recommended tool, and a library of questions. Written and updated by Health Leads.*

**18. [Religious Health Assets Mapping](#)**

*Introduces an approach to understanding the religious and health assets in a community through Participatory Inquiry into Religious Health Assets, Networks, and Agency (PIRHANA). Created by*

*Stakeholder Health. The University of Cape Town offers a detailed facilitators' work book for PIRHANA that can be accessed [here](#). (Also Portfolio 3)*

## Portfolio 3: Community Health and Well-Being

19. [A Playbook for Fostering Hospital-Community Partnerships to Build a Culture of Health](#)  
*A playbook of methods, models, tools, and strategies for health care organizations to create new community partnerships. Created by the Health Research & Education Trust (HRET).*
20. [CACHE Community Benefit Insight \(CBI\)](#)  
*A searchable platform for hospital 990 Schedule H data to support quick calculations and comparisons of community benefit expenditures and related policies across institutions over time. Created by the Center to Advance Community Health & Equity (CACHE). (Also Portfolio 4)*
21. [The Community-Centered Health Homes Model: Updates & Learnings](#)  
*A publication providing a framework to address community conditions that impact health as well as lessons learned from health care organizations that have implemented the Community-Centered Health Homes (CCHH) model. Produced by the Prevention Institute.*
22. [Health Impact in 5 Years \(HI-5\)](#)  
*Database of evidence-based community health initiatives that result in positive health outcomes within five years with cost savings. Provided by the Centers for Disease Control and Prevention (CDC).*

## Portfolio 4: Community of Solutions

23. [Hospitals Aligned for Healthy Communities](#)  
*A set of toolkits to help hospitals and health systems build community wealth through inclusive hiring, investment, and purchasing. Created by the Democracy Collaborative.*
24. [Anchor Mission Playbook](#)  
*Recommendations to help hospitals and health systems align their institutional resources (including hiring, purchasing, investment, and volunteer base) with community needs. Prepared by Rush University Medical Center and the Democracy Collaborative.*

## Databases of Population Health Resources

25. [Community Toolbox](#)  
*Curated evidence-based resources to improve health within health care and the community. A service created by the Center for Community Health and Development at the University of Kansas. (Portfolios 1 through 4)*
26. [County Health Rankings & Roadmaps What Works for Health](#)  
*Extensive database of resources for improving community health. Find strategies by topic area (e.g., health behaviors, clinical care, social and economic factors, and physical environment). The program is collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute. (Portfolios 1 through 4)*